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## Instructions Before Anesthesia

Date: \_\_\_\_\_

\_\_\_\_\_ You may have nothing to eat or drink including water 8 hours before your scheduled procedure.

\_\_\_\_\_ A responsible adult must accompany you to the office, remain in the office during the procedure, and drive you home.

\_\_\_\_\_ No smoking or chewing gum at least 12 hours before surgery.

\_\_\_\_\_ Do not wear jewelry, lipstick, nail polish, acrylic nails or makeup on the day of surgery.

\_\_\_\_\_ You must wear a short sleeve shirt, loose fitting clothing, and low heeled shoes.

\_\_\_\_\_ Remove contact lenses before your appointment.

\_\_\_\_\_ You cannot drive a vehicle or operate any machinery for 24 hours following general anesthesia.

Please notify the office if you have any illness such as a cold, sore throat, stomach or bowel upset prior to surgery.

Patient's Name: \_\_\_\_\_

Patient/Guardian's Signature: \_\_\_\_\_